

For many centuries, Christian awareness has not been focused as it should be, on all that the Saviour's Resurrection means in the life of the Church. That the Church lives through 'the power of the resurrection' was the central truth preached by the apostolic Church. This is clearly illustrated in today's readings. The manifesto proclaimed by Peter on the day of Pentecost hinges on this truth – the resurrection is pointed to as unassailable evidence that it is intervention of the God of Israel's faith that is being announced; but more than that, established 'at God's right hand' the Risen Christ now bestows the Holy Spirit on the infant Church and sends it forth on its mission. In the Letter of Peter, probably written shortly before his martyrdom, Peter takes up the same theme – the Saviour has been 'raised from the dead and given glory' so that believers may share in his new life through their 'faith and hope in God'.

Luke's account of what took place on the road to Emmaus inspires us each time we hear it. It is told, that later generations of believers may share the experience the first disciples of Jesus, as they learned to make the Risen Lord the centre of their lives. Their finding of faith is a reversal of all that their earthly expectations had looked forward to: 'Our hope had been that he would be the one to set Israel free'. The fulfilment of their hopes was not to be a political triumph, but a messiah who drew close to them at sunset on the dusty road of their disappointment. Recognising him called for a change of heart: coming to know – through the full message of the Scriptures – the ways of God, so different from the ways of worldly wisdom. It is through a renewed appreciation of the great drama recorded in the Scriptures that the Church will find the strength it needs to face today's challenges. 'Ignorance of the Scriptures is ignorance of Jesus Christ' – words as true today as they were when they were first written by St Jerome in the 4th century. Touched by the message that makes their hearts 'burn within them', they ask the stranger to stay in their company. How easily, in the bustle of our lives, we pass up the opportunity to enter more deeply into the relationships and special moments that can nourish our faith.

In the end, it is in 'the breaking of bread' that the eyes of faith are fully opened for them, and they joyfully accept the Saviour and enter upon the revolutionary way he has opened up for them. As we strive to give the Eucharist the central place it should have in our relationship with our Risen Lord, it is important to recognise that it is, before all else, in our conscious participation in the Eucharistic action ('Do this in remembrance of me') that this gift of the Saviour will be the great source of the Church's life – enabling us to bring our lives, our needs, and the needs of all God's people, to the Father, as we are caught up by the Saviour into his great self-offering. Veneration of the reserved sacrament – a venerable practice in our Western Church – should not detract from the supreme importance of the Mass; it should, we are told in today's official teaching, increase our hunger to 'take and eat'.

In the joy and wonder of their new-found faith, the two disciples 'set out that instant' to rejoin 'the Eleven and their companions' in Jerusalem. It is in a vital Christian community that we will find the support and confirmation we need in our journey of faith.



They recognised him in the breaking of the bread

John Thornhill sm  
www.themmausseries.com

Do you recognize Christ in your life?

Does your heart burn in his presence?

How are you being called - as a priest, deacon, brother or sister?

If God is calling you to serve him as a priest, deacon, brother or sister, contact Fr. Chris Lemieux, Vocations Director, Archdiocese of Toronto. 416-968-0997 vocations@vocations.ca www.vocationstoronto.ca

Readings ~ Acts 2:14, 22b-28 ~ 1 Peter 1:17-21 ~ Luke 24:13-35

PARISH

**Mass Intentions This Week – May 1 to May 7**

Please join us as we pray for the following announced intentions...

	Intention(s):	Offered by:
Monday, 9am	✠ Maria Medeiros	Kevin & Diana
Tuesday, 9am	✠ Jose Caceres	Delia Urosevic
Wednesday, 9am	✠ William Bourgeois	Flynn family
Thursday, 9am	✠ Alex & Wayne Campbell	Michael Foran
Friday, 9am	✠ members of Goseco, Valencia & Feliciano families	Linda Feliciano
Saturday, 9am	✠ Giovanni Gaetani	Rosanna, Diana & Kevin
5:15pm	✠ Barbara Anthony	family
Sunday, 8am	✠ For the needs of our parish and faithful parishioners ✠	
9:30am	✠ Ambrose Lucas	Jim & Roberta Clough
11am	✠ Nathan Risavy	Risavy family
12:30pm	✠ Michalina & Peter Dziuma	family

**Living the Gospel by helping families in crisis...**

Having experienced childhood sexual abuse, Tom originally sought counseling treatment for resulting depression at a local clinic. Since Tom had experienced the death of his wife, his increased drinking, drug addiction, suicidal thoughts, depression and financial loss had placed an immense strain on his relationship with his mother and two sons. Through the 12 step program and other counseling at Catholic Family Services of Simcoe County, Tom has experienced a tremendous peace and healing in his family relationships. "Giving hope and saving lives is what this is all about," shares Tom, "I am very grateful to ShareLife for the funding they provide to Catholic Family Services of Simcoe." **Over 21,000 individuals received help in getting their lives back on track through ShareLife-supported Family Services Programs.**



**OLS Update:** The race to our goal continues! Total to date: \$252,114 of our \$427,000 goal!

**ShareLife's campaign continues! Please give generously. You can work wonders!**

**Stretch and Flex**

As one ages, muscles tighten and have less range of motion in joints. A regular stretching program may help strengthen muscles and make daily activities easier and more enjoyable. Come join us, Tuesdays from 6:30pm-7:30pm, 2nd floor Running Room. \$10/class. Bring water and yoga mat.

**Your prayers are requested....**

...for the young people of our parish family who will be celebrating the Sacraments of Initiation this Easter Season. First Holy Communion Masses will be celebrated on the Saturdays of May 6, 13 & 27 at 10:30am. Confirmation Masses will be celebrated on May 30 & 31 at 7:30pm.

**Living with Christ Sunday Missal – Our NEW Green Hymnals include the Sunday readings.**

We encourage you to take the red Living With Christ Sunday Missal home and read the scriptures in preparation for the Sunday Eucharist. The red missals are found at the entrance to the church.

**An Invitation to Serve – We would like to invite children who has received their First Holy Communion to be part of Our Lady of Sorrows Altar Server Ministry. Becoming an Altar Server is a great way for our children to learn more about their faith by playing an important role in assisting our priests in the liturgies. Training is provided, and then they will be placed on a schedule to serve at the weekend mass that they would normally attend. Interested? Call the parish office at 416 231 6016 or email us at olosorrows@bellnet.ca.**



COMMUNITY

**Catholic Education Week: "Walking Forward Together" (April 30-May 5)**

We invite all parishioners to join in celebrating Catholic Education Week 2017, which runs from April 30-May 5. For more than 165 years, Ontario's publicly funded Catholic schools have been integrating our faith into all aspects of school life, nurturing the gifts and talents of every student. We celebrate the distinctive contribution that Catholic schools provide, giving thanks and offering our prayers for all those who faithfully journey with our young people each day. For more information about Catholic Education Week visit [www.goodnewsforall.ca](http://www.goodnewsforall.ca).

**Becoming One in Christ – Sunday, April 30, 6:15pm-9pm at St. Elizabeth Seton Parish**

An evening of prayer and renewal to celebrate the Easter season. It will also include solemn vespers, followed by the keynote presentation given by Rev. Bill Burke who will explore how the liturgy represents, rehearses, and forms in its participants the essential commitments of the Christian community. There is no cost, but free-will offerings will be accepted. Call 905 853 5009 for details.

**Fr. Redmond Reunion, May 6/7**

All former staff and students are invited to celebrate Fr. Redmond's 30th Anniversary! For information and registration, visit: <http://@fjr30th.wixsite.com/fjr30>

**Lectio Divina with Cardinal Thomas Collins: "The Sheep and the Goats" – Sunday, May 7**

Vespers (evening prayer) begin at 7:00pm followed by Lectio Divina (divine, or sacred reading) from 7:30pm-8:15pm at St. Michael's Cathedral. All are welcome.

**Annual March for Life – Thursday, May 11, Toronto to Ottawa**

This year marks the 20<sup>th</sup> National March For Life in Ottawa and the 150<sup>th</sup> anniversary of Canada's confederation. Pro-lifers will gather on Parliament Hill to demand that our laws once again uphold the right to life which is inherent to every human being, as they once did, even 150 years ago. The March for Life is the largest annual demonstration on Parliament Hill, and a sign that ending abortion is the civil rights movement of our day. If you would like to participate, there is a 56 passenger highway coach shared with other churches going to Ottawa. 12 seats are allotted for OLS. Cost: \$45/person. Pick up time is at 6am. Call the church office to reserve your spot. Payment due upon reservation. For more information visit [www.marchforlife.ca](http://www.marchforlife.ca)

**Catholic Family Services of Toronto**

- 1) offers walk-in counselling services at two locations. The single-session consultation is aimed at helping individuals, couples, or family clients address their concerns. No appointment required. Central office address: 1155 Yonge St. Suite 100, Toronto. Every Tuesday 9 a.m. to 7 p.m. Call 416 921 1163. North office address: 5799 Yonge Street. Suite 300, North York. Every Thursday 9 a.m. to 7 p.m. Call 416 222 0048. Email [info@cfstoronto.com](mailto:info@cfstoronto.com)
- 2) offers a 6-8 week professional psycho-educational group for people who have faced relationship loss, separation & divorce. The sessions held in a safe supportive context and facilitated by a clinical social worker will utilize evidence based information aimed at assisting each participant in their healing journey. For more information about topics, dates and fees and to register for an upcoming group, please contact Alpana Das at 416 921 1163 ext 2232 or email [adas@cfstoronto.com](mailto:adas@cfstoronto.com).

**Kairos Toronto West Workshop on Exploited Peoples: Migrant Workers & Trafficked Humans**

Saturday, May 6, 2017, 9am-12 noon, Bloordale United Church Gymnasium  
Speaker: Jessica Ponting & Dr. Mary Philip. For more info, call Mary Wilson at 416 231 1207.

**Four Day Spring Pilgrimage to Quebec (May 8 - 11)**

Includes Shrine of Kateri Tekakwitha, St. Joseph's Oratory, Cap-de la Madeleine Shrine and much more. Departs from St. Margaret of Scotland Church, 222 Ridley Blvd. For further information call David at 613 620 1196 or e-mail [david@voyagesterranatura.ca](mailto:david@voyagesterranatura.ca)

**Holy Name of Mary College School Open House, Saturday, May 6th (10 am - 2 pm)**

Holy Name of Mary is an independent Catholic school for girls, offers a university preparatory programme to students in Grades 5-12. We invite you to visit us to find out more about our school. For more information go to [www.hnmcs.ca](http://www.hnmcs.ca) or call Giselle Fernandes at 905 891 1890.